

IMPORTANT

PLEASE READ ALL THESE PAGES

PLEASE PRINT OUT ALL THESE PAGES

AND SAVE THEM.

CALL YIEP WITH ANY QUESTIONS

MS CMHC FEB 2023

Schedule

Notes

Sheet1

YIEP MSCMHC FEB 2023

Course No. & Title

Credits

Weeks

Instructor

TERM 1: 2235 Spring

MCC 698: Residency I (DD2)
 MCC 601: Helping Relationships and Orientation
 to the Counseling Profession
 MCC 502: Introduction to Counseling Theories

0 2/12/23 - 2/15/23
 3 2/20/23 - 6/11/23
 3 2/20/23 - 6/11/23
 Off 3/6/23 - 3/12/23
 Off 4/3/23 - 4/23/23

WEEKS
 -
 ZOOM
 12
 PURIM
 PESACH

SEE NOTES

SEE NOTE #1

TERM 2: 2237 Summer

MCC 503: Statistics and Quantitative Research
 Methods
 MCC 520: Human Development Through the Lifespan

3 6/12/23 - 9/10/23
 3 6/12/23 - 9/10/23
 Off 7/31/23 - 8/6/23

12
 POST TISHA B'AV

SEE NOTE #2

TERM 3: 2241 Fall

MCC 630: Ethical, Legal and Professional Issues in
 the Practice of Counseling
 MCC 504: Qualitative Research Methods and
 Program Evaluation

3 9/11/23 - 12/17/23
 3 9/11/23 - 12/17/23
 Off 9/15/23 - 10/12/23

10
 RH-SUCROS

SEE NOTE #3

TERM 4: 2243 Winter

MCC 540: Assessment
 MCC 550: Theories of Psychopathology
 MCC 699: Residency II (DD2)

3 12/18/23 - 3/17/24
 3 12/18/23 - 3/17/24
 0 2/11/24 - 2/14/24
 Off 12/18/23 - 1/2/24

10
 UNIV WINTER VACATION

SEE NOTE #4

TERM 5: 2245 Spring

MCC 600: Diagnosis of Mental and Behavioral
 Disorders
 MCC 638: Social and Cultural Diversity

3 3/18/24 - 6/23/24
 3 3/18/24 - 6/23/24
 Off 4/15/24 - 5/5/24
 Off 6/10/24 - 6/16/24

10
 PESACH
 SHARVUS

SEE NOTE #5

TERM 6: 2247 Summer

MCC 610: Group Processes and Facilitation
 MCC 665: Orthodox Judaic Theoretical Perspective

3 6/24/24 - 9/8/24
 3 6/24/24 - 9/8/24
 Off 8/12/24 - 8/18/24

10
 TISHA B'AV / SHARVUS NACHAMU

TERM 7: 2251 Fall

MCC 605: Counseling Practicum Section
 MCC 606: Counseling Practicum Section
 MCC 645: Career Development

3 9/9/24 - 1/12/25
 3 9/9/24 - 1/12/25
 3 9/9/24 - 1/12/25
 Off 10/2/24 - 10/29/24
 Off 12/23/24 - 1/5/25

12
 RH-SUCROS
 UNIV WINTER BREAK

SEE NOTE #6

TERM 8: 2255 Spring

MCC 670: Advanced Counseling Skills, Techniques
 and Practices
 MCC 691: Clinical Internship I Section
 MCC 691: Clinical Internship I Section

3 1/13/25 - 5/4/25
 3 1/13/25 - 5/4/25
 Off 3/10/25 - 3/16/25
 Off 4/7/25 - 4/27/25

12
 PURIM
 PESACH

TERM 9: 2257 Summer

MCC 650: Couples and Family Counseling
 MCC 692: Clinical Internship II Section or
 MCC 692: Clinical Internship II Section

3 5/5/25 - 8/17/25
 3 5/5/25 - 8/17/25
 Off 6/2/25 - 6/8/25
 Off 7/7/25 - 7/13/25
 Off 8/4/25 - 8/10/25

12
 SHARVUS
 SUMMER VACATION
 POST TISHA B'AV

TERM 10: 2261 Fall

MCC 642: Foundation of Addiction Counseling

MCC 693: Clinical Internship III Section or

MCC 693: Clinical Internship III Section

8/18/25 - 12/14/25

8/18/25 - 12/14/25

12

8/18/25 - 12/14/25

OFF 9/22/25 - 10/19/25

RH-SUCCOR

OFF 11/24/25 - 11/30/25

BREAK

DECEMBER 14, 2025 DEGREE PROGRAM ENDS
INTERNSHIPS AND INSURANCE FOR SUCH, END!
HAYOY CHANUTAH!

NOTES TO MS CMHC FEBRUARY 2023 CALENDAR

Note 1-

Thursday afternoon/evening thru Saturday night, May 25-27, 2023

is the Shavuot Holiday. There is no official vacation.

Students need to plan ahead to complete all assignments at their due dates.

Note 2-

The Tisha B'Av fast is Thursday, July 27, 2023. There is no official vacation.

Students need to plan ahead to complete all assignment at their due dates.

The next week is a vacation week.

Note 3-

Due to Financial Aid guidelines and requirements, there can not be a break, from a course, of 30 days or more. Hence, the term is broken up the way it is.

Term 3 begins

Week 1

*Course active September 11-14, 2023, Monday-Tuesday-Wednesday-Thursday

Vacation September 15-17, Friday-Saturday-Sunday

Vacation September 18-October 8

Vacation October 9-12, Monday-Tuesday-Wednesday-Thursday

*Course resumes, continuation of Week 1, October 13-15, Friday-Saturday-Sunday

Course continues, October 16-December 17, 2023, Weeks 2-10

Note 4-

December 18, 2023 thru January 1, 2024 is university winter break.

Term begins Tuesday, January 2, 2024 and ends March 17, 2024

The term is 10 weeks.

The 2nd residency is Sunday-Wednesday, February 11-14, 2024.

CONTINUES ON pg 2

NOTE 4 CONTINUED

Zoom or in person, it has not been determined yet.

There are no regular courses or course assignments that residency week.

Note 5-

Purim is Sunday, March 24, 2024, and Monday, March 25 in Yerushalayim.

There is no official vacation.

Students need to plan ahead to complete all assignment at their due dates.

Please talk to your instructors re assignment due dates.

Note 6-

Due to Financial Aid guidelines and requirements, there can not be a break, from a course, of 30 days or more. Hence, the term is broken up the way it is.

Term 7

Course September 9 - September 29, 2024, weeks 1-3

*Week 4, course active, September 30 - October 1, Monday-Tuesday

Vacation October 2-6, Wednesday-Thursday-Friday-Saturday-Sunday

Vacation October 7-27, 2024

Vacation October 28-29, Monday-Tuesday

*course resumes, week 4 continues, October 30-November 3, Wednesday-

Thursday-Friday-Saturday-Sunday

Course, November 4 - December 22, 2024, weeks 5-11

Vacation, December 23, 2024 - January 5, 2025 University winter break

Course January 6 - January 12, 2025, week 12

QUESTIONS?

CONTACT YIEP

Rabbi Pesach Lerner, D.Adm.

Director, THE YIEP

www.theYIEP.com

FIRST TERM Booklist

here are the books for the first two courses:

MCC 501:

Required Course Texts:

Ivey, A. E., Ivey, M. B., & Zalaquett, C. P. (2018). *Intentional interviewing and counseling: facilitating client development in a multicultural society (9th Ed.)*. Belmont, CA: Brooks/Cole.

—THIS IS TEXT used every cohort

Skillsetter Inc (2022.). *Skillsetter*. <https://www.skillsetter.com>

Skill setter is a program that students use to practice/record counseling skills - it is a new addition to the course. It can be purchased through the bookstore or through the skillsetter website as noted above.

Meyers, J.E. & Sweeney, T. J. (2005-2014). Five Factor Wellness Inventory.

NOTE: This needs to be purchased directly from the website: www.mindgarden.com

Purchase: Report about Me: Adult Form (\$20)

Five Factor Wellness Inventory has to be purchased from the website (it is for a specific assignment).

American Psychological Association (2019). *Publication Manual of the American Psychological Association (7th ed.)*. American Psychological Association:

Washington D.C. ISBN 978-1-4338-3215-4

THIS IS ON BOOKLIST EVERY TIME

MCC 502:

Required Course Texts:

Sommers-Flanagan, J., & Sommers-Flanagan, R. (2018). *Counseling and Psychotherapy Theories in Context and Practice: Skills, Strategies, and Techniques (3rd ed.)*. John Wiley & Sons.

this is a new book -

FROM -

Dr. Barb Daubenspeck, Ph.D., LIMHP, NCC | Program Director & Professor | Clinical Mental Health

PROGRAM:

YIEP/CMHCYCMS Booklist

Buying tips:

- * A book substitution can occur due to edition changes or printing status - e.g. Out of print
- * Per above, purchase of all books at one time may result in having to repurchase and/or have a non refundable book
- * Make sure any book you obtain has the same ISBN number as shown below
- * Buy books 3 weeks prior to the course start date to avoid any delays - e.g. shipping delays, in stock delays
- * Used books will save you money but buyer beware supplements to book could be missing or corrupt - e.g. CD's

original date 1.20.17
sent to bookstore 7.25.22
sent to bookstore 1.9.23



<u>AUTHOR</u>	<u>BOOKS</u>	<u>ISBN</u>	<u>PUBLISHER</u>	<u>COURSE</u>
American Psychological Association	Publication Manual of the American Psychological Association, 7th ed.	9781433832161	American Psychological Association	Used in MCC 502, 503 520, 530
Allen E. Ivey, Mary Bradford Ivey, Carlos P. Zalaquett	Intentional Interview and Counseling - Facilitating Client Development in a Multicultural Society, 9th ed.	9.78131E+12	Cengage	MCC 501
Skillsetter	Skillsetter			MCC 501
John Sommers-Flanagan Rita Sommers-Flanagan	Counseling and Psychotherapy Theories in Context and Practice: Skills, Strategies and Techniques, 3rd ed.	9.78112E+12	Wiley	MCC 502
John W. Creswell	Educational Research: Planning, Conducting, and Evaluating Quantitative and Qualitative Research, 6th ed	9780134519364	Pearson	MCC 503, 504
David Royse, Bruce A. Thyer, Deborah K. Padgett	Program Evaluation, 6th ed.	9781305101968	Cengage	MCC 504
Patricia C. Broderick, Pamela Blewitt	The Life Span - Human Development for Helping Professionals, 5th ed.	9780135227763	Pearson	MCC 520
Gerald Corey, Marianne Cory, Cindy Corey, Patrick Callanan	Issues and Ethics in the Helping Professions, 10th ed. (Use either soft copy or hard copy)	Hard copy ISBN 9781337406291 Soft copy ISBN 9780357670552	Cengage	MCC 530
Danica G. Hays	Assessment in Counseling - A Guide to the Use of Psychological Assessment Procedures, 6th ed.	9781556203688	American Counseling Association	MCC 540
Paul H. Blaney, Robert F. Krueger, Theodore Millon	Oxford Textbook of Psychopathology, 3rd ed.	9.7802E+12	Oxford University Press	MCC 550
American Psychiatric Association	Diagnostic and Statistical Manual of Mental Disorders (DSM-5-TR) 5th ed. (Text Revision)	9780890425763	American Psychiatric Association	MCC 550, 600
James Morrison	Diagnosis Made Easier - Principles and Techniques for Mental Health Clinicians, 2nd ed.	9.78146E+12	Guilford Publications	MCC 600
Roblson	Mental Status Explained 3rd ed.	9.78189E+12	Rapid Psychler	MCC 600
<u>AUTHOR</u>	<u>BOOKS</u>	<u>ISBN</u>	<u>PUBLISHER</u>	<u>COURSE</u>
Pamela A. Hays	Addressing Cultural Complexities in Practice - Assessment, Diagnosis, and Therapy, 4th ed.	9.78143E+12	American Psychological Association	MCC 638
Pamela A. Hays Gayle Y. Iwamasa	Culturally Responsive Cognitive-Behavioral Therapy, Practice and Supervision, 2nd ed.	9.78143E+12	American Psychological Association	MCC 638
Irvin D. Yalom, Modyn Leszcz	Theory and Practice of Group Psychotherapy, 6th ed.	9.78154E+12	Hachette Academic	MCC 610

Michele Ribeiro		Examining Social Identities & Diversity Issues in Group Therapy	9.78037E+12	Taylor & Frances	MCC 610
		No books required			MCC 665
Norman C. Gysbers, Mary J. Heppner, Joseph A. Johnston		Career Counseling Holism, Diversity, and Strengths, 4th ed.	9.78156E+12	American Counseling Association	MCC 645
J. Scott Young, Craig S. Cashwell		Clinical Mental health Counseling: Elements of Effective Practice	9.78151E+12	Sage Publishing	MCC 670
Diane Gerhart		Theory and Treatment in Counseling and Psychotherapy, 2nd ed.	9.78131E+12	Cengage	MCC 670
Shannon Hodges		The Counseling Practicum and Internship Manual, A Resource for Graduate Counseling Students 3rd ed.	9.78083E+12	Springer Publishing Company	MCC 605 MCC 691 MCC 692 MCC 693
Linda Metcalf		Marriage and Family Therapy, A Practice-Oriented Approach, 2nd ed.	9.78083E+12	Springer Publishing Company	MCC 650
JoEllen Patterson, Williams, Edwards, Chamow, Grauf-Grounds	Lee Todd Larry Claudia	Essential Skills in Family Therapy - From the First Interview to Termination, 3rd ed.	9.78146E+12	Guilford Publications	MCC 650
David Capuzzi, Stauffe	Mark D.	Foundations of Addictions Counseling, 4th ed.	9.78014E+12	Pearson	MCC 642

New Edition/Book

Questions on booklist please contact CASbooks@bellevue.edu or (402) 557-7119

Estimate of all books for total cost can be found by logging in to your Bruin account, then my classes

Order Books - www.bellevue.bkstr.com



Bellevue University Master of Science in Clinical Mental Health Counseling
RESIDENCY I – YIEP Virtual Residency – Winter 2023
February 12th – 15th, 2023
Tentative Working Schedule*

> CENTRAL TIME IS ONE HOUR
BEHIND NY/NJ
AND 8 HOURS BEHIND
ISRAEL TIME

Day One – Sunday, February 12th

All meetings are in Central Time. Please plan accordingly.

7:30 am – 8:00 am	Technology Adjustments – A time to make sure Zoom works for everyone and we are good to go
8:00 am – 8:45 am	Welcome! A few messages from Dr. Rabbi Lerner and Dr. Barb Daubenspeck Meet your Faculty Message from Residency II students to Residency I students
8:45 am – 9:00 am	Break
9:00 am – 9:45 am	Residency I Student Introductions and/or short Ice-Breaker Activity
9:45 am – 10:00 am	Break
10:00 am – 11:00 am	Program Overview/Program Orientation Topic: Program Overview; Introduction of Graduate Advisors; Review Handbook; Discuss Expectations Including the Professional Disposition Topic: Discussion Board Expectations in General Topic: Discuss Licensure (Discuss MCC 501 Assignment); MCC 503 Discussion
11:00 am – 12:30 pm	Lunch Break 11:05 am – 11:30 am Optional Meet and Greet – Connecting with Peers
12:30 pm – 1:00 pm	Building a Relationship (Discussions on how a professional relationship different from other types of relationships; Explore the role of empathy in professional relationships; Discuss therapeutic presence; Explore how a counseling theoretical orientation relates to building a relationship)
1:00 pm – 2:00 pm	Cultural Awareness/Diversity Discussion – Cultural Awareness, Diversity, and Racism: Awareness and Competency (Part I) (Lecture, Discussion, and/or Experiential Activity)
2:00 pm – 2:30 pm	Day One Reflection – Insights, Ah-ha’s, Awareness, Strengths, and Growth Areas
2:30 pm – 3:00 pm	Break
3:00 pm – 4:00 pm	Growth Group

Day Two – Monday, February 13th

All meetings are in Central Time. Please plan accordingly.

7:00 am – 8:00 am	Growth Group
8:00 am – 8:15 am	Break
8:15 am – 9:15 am	Overview/Review of the Basic Microskills
9:15 am – 10:00 am	Counseling Skill-Building – Let’s Jump In! Topic: Practicing Microskills
10:00 am – 10:15 am	Break
10:15 am – 11:00 am	Cultural Awareness/Diversity Discussion – Cultural Awareness, Diversity, and Racism: Awareness and Competency (Part II) (Lecture, Discussion, and/or Experiential Activity)
11:00 am – 12:30 pm	Lunch Break 11:05 am – 11:30 pm Optional Virtual Meet and Greet with Academic Advisor/Academic Coach: Ashley Klingemann
12:30 pm – 2:30 pm	Exploring Cultural Diversity Guest Speaker Event** Speakers, TBA. Topic: TBA.
2:30 pm – 3:00 pm	Break
3:00 pm – 4:00 pm	Processing Cultural Diversity Guest Speaker Discussion – Awareness, Ah-ha’s, Insights, Wonderments, Strengths, and Growth Areas

**** Students must turn in written summary of their experiences.**

Expectations of what to turn in, how and when, will be discussed after processing the experiences with the guest speaker.

Day Three – Tuesday, February 14th

All meetings are in Central Time. Please plan accordingly.

7:00 am – 8:00 am	Growth Group
8:00 am – 8:15 am	Break
8:15 am – 8:45 am	Clinical Experience: Preparing for Practicum and Internship (Discussions on: What to expect in Practicum and Internship, liability insurance requirements; paperwork process; discussion on the importance of turning in paperwork on time, and consider exploring possible site options now and finding a good fit for you)
8:45 am – 9:00 am	Break
9:00 am – 9:45 am	Counseling Skill-Building Topic: Practicing Microskills
9:45 am – 10:00 am	Break
10:00 am – 11:00 am	Counseling Skills Class Topic: Self-care and Self-awareness (Activity and/or Discussion)
11:00 am – 12:30 pm	Lunch Break 11:05 – 11:20 Optional Chi Sig Honor Society Information Table
12:30 pm – 1:15 pm	Counseling Skills Class Topic: Professionalism (Professional ethics, professional communication, professional identity, joining professional organizations, etc.)
1:15 pm – 1:30 pm	Break
1:30 pm – 2:30 pm	Counseling Skill-Building Topic: Practicing Microskills
2:30 pm – 3:00 pm	Break
3:00 pm – 4:00 pm	Counseling Skills Class

Topic: Developing Professional Identity - Skills, Knowledge, and Characteristics of a Great Counselor (Recipe for a Great Counselor Activity and Discussion)

Day Four – Wednesday, February 15th

Please Note: All meetings are in Central Time. Please plan accordingly.

7:00 am – 8:00 am	Growth Group
8:00 am – 8:15 am	Break
8:15 am – 9:30 am	Counseling Skill-Building Topic: Practicing Microskills
9:30 am – 9:45 am	Break
9:45 am – 11:00 am	Final Practice of Microskills – Pulling It All Together
11:00 am – 11:15 am	Break
11:15 am – 12:00 pm	Wrap Up of Residency I Experiences Closing Activity and Wrap Up of Residency I Experience (Reflections, Growth, Challenges, and Insights Gained)
12:00 pm – 1:00 pm	Lunch Break 12:00 pm – 1:00 pm Optional Meet and Greet with Peer/Bring Your Own Lunch (A time to connect w/Peers – Come and go as you would like)
1:00 pm – 1:15 pm	Complete Disposition Forms
1:15 pm – 2:30 pm	Group Exit Interviews with Faculty (Meet with faculty, process/discuss experiences in Residency I and review Disposition Rubric Form with them; Sign applicable forms, etc.)
2:30 pm – 3:00 pm	Break
3:00 pm – 4:00 pm	Group Exit Interviews with Faculty Continued (Meet with faculty, process/discuss experiences in Residency I and review Disposition Rubric Form with them; Sign applicable forms, etc.)

*Tentative schedule - Subject to change

Note: Please come 5 minutes early so we can start right on time. That will help us also end on time. (If folks come late we reserve the option to dip into our break time to make up for folks coming late - so please, please for all of our sakes, come on time so that does not happen).

A Few Additional Requirements for Residency:

- Please note that there are also a few additional assignments or modules in Blackboard that students will need to complete on their own time (i.e. outside the hours listed above).
- These tasks can be found in Blackboard and will be explained at a later point in time so students will know what they need to complete and when they need to complete them by.
- Even if meeting virtually, students are expected to devote this time to Residency. In order to successfully pass residency, you must attend and participate in all sessions. Attendance will be taken at every session. If you have an emergency, be sure to reach out to Dr. Daubenspeck.
- Cameras are expected to be on the entire time with you in hopefully facing the screen where we feel like you are present with us and not doing other things. Of course, in situations of needing to step away for a quick minute to use the restroom or get a drink of water and may need to turn your camera off; we totally understand that. In those instances, please put “BRB” in the chat bar. Otherwise we do expect folks to have their cameras on and being attentive to the speakers. If for some reason you have an incredibly unusual situation otherwise, please talk with Dr. Daubenspeck or one of your instructors to approve that in advance.
- Please be in a private space with as few of distractions as possible. Part of what we discuss is very personal and would not be appropriate for others to be in the room to hear what is being said. If there are unusual concerns, please reach out to Dr. Daubenspeck.

3

Thank you for coming to Residency I!

- Although we can't meet in person, we hope you still enjoy time connecting with each other and with program faculty as best as possible for meeting in a Zoom format.
- We hope this is a time to work on increasing your self-awareness, engaging in a self-exploration, and the stretching, learning, and growing process. It is also a time to work on increasing cultural awareness, your basic counseling skill base, therapeutic presence, openness to learning and other perspectives different than yourself, and reflecting on various factors that also impact counseling and the therapeutic relationship.
- We are excited to work with each of you and appreciate the sacrifices you are making to be able to attend and devote yourself to this time together! May you enjoy your experiences and get a lot out of your stretching, learning, and growing adventures for the week! Please reach out to us if you have any questions.